



*GM Fabian Nunez*

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**NUNEZ'S TKD  
TECHNICAL PATTERNS WORKSHOP  
JULY 14<sup>th</sup>, 15<sup>th</sup> & 16<sup>th</sup>  
2023**

**ADDED BONUS: Sparring Drills- All Gup Levels  
BLACK BELT TEST EVENING OF THE 15<sup>th</sup>  
(Saturday Evening)**

**PLACE:**

**Poteet's Martial Arts  
1080 Dividend St.  
Midlothian, Texas 76065**

**FOR:**

**ALL RANKS  
AGE 9 & UP**

**HOSTED BY:**

**Poteet Martial Arts  
&  
Nunez's TKD Studio  
[fnunez@itfamerica.org](mailto:fnunez@itfamerica.org)  
512-466-9300**



**Dear Instructors and Students,**

It's that time of year again, **THE TECHNICAL PATTERNS WORKSHOP**. The past years have been a great success and good time and we look forward to another year of FUN! We would like to extend an invitation to you all to be a part of the workshop. The workshop will be for all ranks, age 9 and up. The workshop will refresh and improve your patterns, the fellowship will allow you to socialize with your Taekwon-Do brothers and sisters, and the workout will test your physical endurance. In addition to the superb workout and wealth of knowledge you'll gain, it will also be an opportunity to receive updates and news within the ITF America and ITF.

**ADDED BONUS: Sparring Drills -All Gup Levels**

**IN ADDITION TO THE PATTERNS WORKSHOP, THERE IS A BLACK BELT TEST SCHEDULED FOR THE EVENING OF THE 15th. We invite all to the special occasion and wish those testing the Best.**

I look forward to seeing you at the seminar for a weekend of training and fellowship. Enclosed is an information and registration form. If you have any questions or require more information, contact GM Nunez at the number listed or via e-mail.

Yours in Tae Kwon-Do,

GM Nunez  
President, ITF America  
A-9-9



**DATE:** July 14<sup>th</sup>, 15<sup>th</sup> & 16<sup>th</sup> 2023

**DEADLINE:** July 1<sup>st</sup>, 2023

Registration form and payment must be received by July 1, 2023

**ALL PARTICIPATES SHOULD BE PRE-REGISTERED.**

**If you are a black belt eligible for testing please contact me immediately if you would like to be a candidate. All black belt paperwork MUST be turned in 8 WEEKS prior to test date from your Instructor.**

**PLACE:** Poteet's Martial Arts, 1080 Dividend St., Midlothian, Texas 76065

**ALL PARTICIPANTS MUST CHECK IN WITH THE SEMINAR REPRESENTATIVE SATURDAY MORNING 8:30-9:00AM**

## **SCHEDULE OF EVENTS**

**ALL PARTICIPANTS MUST BE IN FULL UNIFORM AND LINED UP IN THE DESIGNATED AREA BY THE PROPER TIME EACH DAY!!**

### **FRIDAY, JULY 14<sup>th</sup>, 2023**

4:00pm - 7:00pm                      4<sup>th</sup>, 5<sup>th</sup>, & 6<sup>th</sup> DAN PATTERNS

### **SATURDAY, JULY 15<sup>th</sup>, 2023**

9:00AM – 10:30PM	PATTERNS: 4-Direction Punch thru Do-San
10:30AM – 11:30AM	Sparring Drills 10 <sup>th</sup> thru 7 <sup>th</sup> Gup
11:30AM – 12:30 NOON	PATTERNS: Won-Hyo thru Joong-Gun
12:30PM – 1:30PM	Sparring Drills 6 <sup>th</sup> thru 4 <sup>th</sup> Gup
1:30PM – 3:00PM	LUNCH – Several restaurants in the surrounding area
3:00PM – 4:00PM	PATTERNS: Toi-Gye Thru Choong-Moo
4:00PM – 5:30PM	Sparring Drills 3 <sup>rd</sup> thru 1 <sup>st</sup> Gup
5:30PM	BLACK BELT TEST

### **SUNDAY, JULY 16<sup>th</sup>, 2023**

10:00AM – 11:00PM	PATTERNS: 1 <sup>st</sup> Dan Patterns
11:00PM – 12:00PM	PATTERNS: 2 <sup>nd</sup> Dan Patterns
12:00 PM – 1:00PM	PATTERNS: 3 <sup>rd</sup> Dan Patterns

**When you have reached your highest pattern, the instructor will dismiss you from the seminar. At this time, you are more than welcome to stay and quietly observe the others as they complete their patterns.**



### **SEMINAR FEES:**

WHITE THRU BLUE BELT \$50.00 non ITF America member \$75  
RED & BLACK BELTS \$75.00 non ITF America member \$100  
Master Instructor(s) \$35.00 non ITF America member \$100  
Grand Master's No Charge

**CLUB INSTRUCTORS THAT BRING 5 OR MORE STUDENTS WILL ATTEND THE WORKSHOP FOR FREE.**

**LIST YOUR STUDENTS (THEY MUST BE REGISTERED AND PAID) ON YOUR REGISTRATION FORM.**

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**ACCOMMODATIONS** are plentiful in the Midlothian Area

**Hotel recommendation: Courtyard by Marriott at Midlothian Conference Center 3 Community Circle, Midlothian, TX 76065**

**Phone #469-672-8760 website: [https://www.marriott.com/hotels/travel/dalcd-courtyard-dallas-midlothian-at-midlothian-conference-center/?scid=45f93f1b-bd77-45c9-8dab-83b6a417f6fe&y\\_source=1\\_Mzg5MDEyOS00NjItbG9jYXRpb24ud2Vic2l0ZQ](https://www.marriott.com/hotels/travel/dalcd-courtyard-dallas-midlothian-at-midlothian-conference-center/?scid=45f93f1b-bd77-45c9-8dab-83b6a417f6fe&y_source=1_Mzg5MDEyOS00NjItbG9jYXRpb24ud2Vic2l0ZQ)**

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**2023**  
**NUNEZ'S TKD TECHNICAL PATTERNS WORKSHOP**  
**Registration Form**

NAME \_\_\_\_\_  
AGE \_\_\_\_\_ RANK \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_  
EMAIL \_\_\_\_\_  
CONTACT NUMBER \_\_\_\_\_  
SCHOOL \_\_\_\_\_ INSTRUCTOR \_\_\_\_\_

\$ \_\_\_\_\_ TOTAL AMOUNT ENCLOSED (PAYMENT CHECK OR MONEY ORDER)  
PAYMENT VIA PAPAL: [paypal.me/nuneztkd](https://www.paypal.me/nuneztkd)

**EACH PARTICIPANT MUST COMPLETE A REGISTRATION FORM**

**PLEASE ENCLOSE PAYMENT WITH REGISTRATION FORM  
AND MAIL BY DEADLINE 7-1-23 (LATE FEE \$25) TO:**

**GM Fabian Nunez  
173 Pickett Drive  
St. Augustine, Fl. 32084**

**WAIVER**

THE PARTICIPANT REALIZES THAT THERE IS A RISK OF INJURY INVOLVED IN TAEKWON-DO. HE/SHE ASSUMES THE RISK OF ACCIDENT, INJURY, DAMAGE, LOSS OR HARM OF ANY KIND TO THE PARTICIPANT'S PERSON OR PROPERTY AS A RESULT OF PARTICIPATING IN THE NUNEZ'S PATTERNS WORKSHOP. NUNEZ'S TAEKWON-DO OFFICERS, INSTRUCTORS, FELLOW MEMBERS OR GUESTS, SHALL NOT IN ANY WAY BE LIABLE FOR ANY CLAIMS, LIABILITY, DEMANDS, SUITS, ACTIONS OR ANY OTHER PROCEEDINGS OF ANY KIND ON ACCOUNT OF ACCIDENT, INJURY, DAMAGE, LOSS OR HARM OF ANY KIND SUSTAINED BY THE MEMBER/PARTICIPANT OR TO THE MEMBER'S/PARTICIPANT'S PROPERTY.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_  
(PARENT OR LEGAL GUARDIAN MUST SIGN IF PARTICIPANT IS UNDER 18 yrs.)